



Sophie Chamberlain (Impact100 WA) and Rae Walters (Huntington's WA)

18 May 2017

### **A Catch Up with Huntington's WA (May 2017)**

We recently caught up with Rae Walters, Executive Director of Huntington's WA (2016 Impact100 WA Grant Winner) to find out about their exciting progress!

Huntington's WA is an organisation dedicated to improving the quality of life for people with Huntington's Disease, their families and carers.

They were one of the two recipients of our \$100K grants in October 2016 and have begun the exciting planning and development of an Active HEROs App, based on ground breaking outcomes from a combined research with ECU.

This easily accessible application for smart phone/tablet will target brain degeneration and the disabling symptoms of Huntington's through specific physical and cognitive exercises. It will enable people with Huntington's the potential to delay symptoms, improve quality of life and prolong independence if they follow the program.

Since receiving the 2016 Grant, Huntington's WA and ECU have concluded a second study (also with compelling results), conducted initial planning, finalised a project brief, and are now working towards a "Stage 1" of the app.

We are so humbled, proud and excited about the life changing work Huntington's WA is doing for the Huntington's Community!

We can't wait to share more about their progress. Stay tuned.